

A JOURNEY



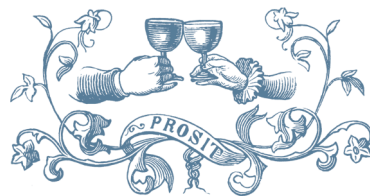
AT THE TABLE

SOUPS

- RED LENTIL SOUP "EZOGELIN"** 6 bulgur wheat & mint
- CHILLED SOUR CHERRY SOUP** 6 authentic Hungarian recipe w. hint of rum

SALADS

- ROASTED BEET & GOAT CHEESE SALAD** 10 Chinese cabbage, red wine vinegar, extra virgin olive oil
- GRILLED PORTABELLA & BABY ARUGULA SALAD** 10 marinated portabella cap, baby arugula, grape tomato, balsamic, extra virgin olive oil, parmesan flakes
- CRETAN SALAD** 10 seasonal greens w. crusty whole wheat/barley-rye rusks, feta, tomatoes, oregano, extra virgin olive oil, olives
- SIDE OF OREGANO SEASONED CRISPY FRENCH FRIES** 5



(718) 777-2829

MUNDOASTORIA.COM

EST. 2005, NEW YORK

vegetarian

vegan

TAPAS A-LA-MUNDO

- RED SONJA** – a must try signature – 8 red lentils, bulgur wheat, fresh greens & oriental spices on green leaf lettuce & lemon [add a piece: \$2]
- FIRE ROASTED EGGPLANT & TAHINI DIP** 7 ground sesame seeds, extra virgin olive oil, lemon, dill, warm pita
- SPINACH DIP** 7 sautéed fresh spinach, yogurt, garlic & extra virgin olive oil, warm pita
- CARROT DIP** 7 garlic yogurt, w. extra virgin olive oil, warm pita
- PASTIRMALI HUMMUS DIP** 8 seasoned/cured beef, home-made hummus, spices, warm pita
- PERUVIAN CAUSA** 9 layers of mashed yellow-ahi potato, crimini mushroom & beets topped w. avocado, red onions & peppers
- CRAB CROQUETTES** 12 real blue crab meat, fresh veggie blend, homemade red pepper sauce
- CHEESE ROLLS "SIGARA BÖREGİ"** 8 feta, parsley, spices in hand-rolled dough, w. black & red raspberry melba sauce
- GRILLED HALLOUMI** 8 imported Cypriot cheese wrapped in vine leaves w. roasted red pepper, balsamic vinaigrette
- FALAFEL** 8 chickpeas, fresh parsley, herbs & oriental spices on greens, sun-dried tomato, side of hummus

- ARTICHOKE BOTTOMS "NILE'S FLOWER"** 9 scallions, potato cubes, side of healthy broad beans braised in olive oil
- ARGENTINEAN BEEF EMPANADA** 4 ground beef, raisins, green olives, red peppers & eggs
- ARGENTINEAN SPINACH & FETA EMPANADA** 4 spinach, Greek feta, nutmeg & spices

ASK FOR OUR (VERY) SPECIALS



ENTREES

- MUNDO'S VEGGIE WRAP AL PESTO** 14 red & green lentil blend w. plentiful fresh veggies in whole-wheat wrap, pesto, jack & cheddar served w. side of hummus
Sides: oregano seasoned crispy fries or salad
- ORIGINAL OTTOMAN DUMPLINGS "MANTI"** 16 homemade Turkish dumplings stuffed w. ground beef in garlic, yogurt, butter, paprika & mint sauce
- SPINACH OTTOMAN DUMPLINGS "ISPANAKLI MANTI"** 15 homemade Turkish dumplings stuffed w. fresh spinach, herbs, yogurt, butter, paprika & mint sauce
- GRILLED ALL NATURAL CHICKEN THIGHS** 17 marinated w/garlic-lemon parsley served w/rosemary potato a-la-rustica
- BURGER A-LA-MUNDO** 16 homemade Turkish-style beef patties (Inegöl-style) on organic whole-wheat focaccia bread w. caramelized onions & fresh mushrooms served w/side of oregano-seasoned crispy fries

SWEET TREATS

- MUNDO'S HEAVENLY CHOCOLATE SOUFFLÉ** 10 **Flour-less!** - 100% dark Belgian chocolate baked to perfection topped with all natural vanilla ice-cream
- WARM SEMOLINA HELVA** 8 pinenuts, pistachio, walnuts & all-natural vanilla ice cream. Add \$2 to double the size.
- RICOTTA ICE CREAM** w. honey & caramelized almonds -take the terracotta cup home! 8

COFFEE & TEA

- ORGANIC FILTER COFFEE** 3
- ORGANIC TEAS** Chamomile- Earl grey- Lemon Ginger- Green tea- Peppermint- Turkish Apple- Boldo (digestive) 3
- SHERRY** (Dessert Wine) Andalusia, Spain 9

BEVERAGES

- BEYOND KOMBUCHA** (1% alc.) fermented fizzy chilled tea beverage – ask for flavors 6
- TURKISH NECTARS** Apricot or Sour Cherry 4
- TERMA** Digestive Argentinean herbal extract mixed w/sparkling water 5
- SARIKIZ** Sparkling water w/minerals from Turkey 3
- S. PELLEGRINO** 750 ml 7

We, here at MUNDO, are proud to use alkaline KANGEN WATER®, Himalayan pink salt & organic spices in our cooking. Our food is prepared with fine & healthy ingredients mostly from local vendors, always treated with LOVE & never contain MSG or trans-fat. As always, we truly appreciate your visit & your company.

If you're in love with our fish-shaped glugging sangria pitchers (\$38) or handmade candle holders (\$15), they're available for purchase.

Menu, website, newsletters and business cards for Mundo Astoria are designed by our friendly neighborhood designer, Engin Beri.

Give him a call. He gives good design. ENGINBERI.COM